

Our world through the body

Bounds,
Reflections and
Resonances

Event Pitch

Psychomotricity is a discipline lived at the meeting point of the body, the human being and the world. It reminds us that it is through embodied experience that we inhabit our lives, encounter others, and take an active place in our society. This congress invites a crossing: from the origins that shape human development to the societal challenges that question our identities and the rhythms by which we live.

For millennia, human beings have evolved, transformed, and continually invented new ways of living together. And yet, the presence of a body in relation remains. Similar in its structure, unique in its lived experience, it carries the traces of our emotions, our wounds, our encounters, and our moments of transcendence. Shaped by history, cultures and social contexts, it becomes both intimate and collective, a mirror and a memory of our place in the world.



This body, crossed by multiple forces, follows singular paths. From the very first moments, the infant unfolds upon a foundational ground made of rhythms, gazes and touch, which supports development and anchors the child in the world. This foundation can be shaken by traumatic events, whether individual or collective, which imprint themselves on the body and sometimes hinder its capacity to connect. Uprootings, whether chosen or imposed, reshape our relationship to territory and belonging. Virtual worlds unsettle our bonds with the living and challenge the construction of our identities. The acceleration of daily life pushes into the background the slowness, presence and sensibility needed for awareness of oneself and others. Our troubled earth offers us an uncertain future and invites us all the more to care for our relationship with the environment.



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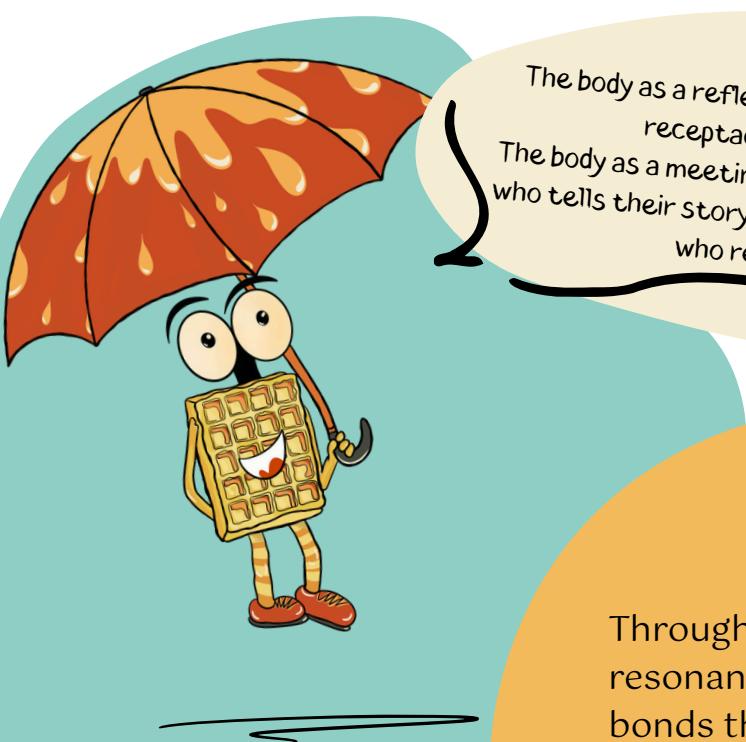
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In the face of these upheavals, psychomotricity carries an essential voice: that of the living, relational and creative body, capable of connection and of transforming both itself and the world.

Since every journey needs an anchoring point, we welcome you here in Belgium. A land of contrasts, compromises and humour, where psychomotricity, firmly rooted in practice, continues its path toward full recognition. This "belgitude", woven from complexity and originality, will give our gathering a particular flavour, opening dialogue between psychomotor therapists from here and elsewhere on:



The body as a reflection of societal issues: both a receptacle and an expression.
The body as a meeting place between the beneficiary who tells their story and the psychomotor therapist who resonates with it.



Throughout this congress, bounds, reflections and resonances will intertwine. Three words to speak of the bonds that are woven, the images that shape us, and the vibrations that move through us. Three days to explore, experience and celebrate together the World in Body.

Join us in Mons for a congress combining reflection, sharing and conviviality !