

# OUR WORLD THROUGH THE BODY

## Bounds, Reflections and Resonances

# CALL FOR CONTRIBUTIONS



The scientific psychomotricity congress of the Annual Psychomotor Therapy Conference opens its 52nd edition in Mons on 19, 20 and 21 November 2026. It invites a journey: from the origins that shape human development to the societal challenges that question our identities and the rhythms by which we live.

Psychomotricity focuses on the body in relation, similar in its structure yet unique in its lived experience. A body that carries the traces of our emotions, our wounds and our encounters, reflecting both the intimate and the collective.

From birth onward, the infant unfolds on a foundational ground woven from gazes, touch and attunement. Yet this ground can be shaken by the acceleration of modern life, by trauma, by uprootings that challenge our identities and our presence in the world.

Psychomotricity offers an essential voice: that of a living, relational and creative body, capable of connection and transformation. Three guiding words accompany this congress: bounds, Reflections and Resonances, to explore and celebrate together A World in Body, in dialogue with professionals from here and elsewhere.

## THEMATIC TRACKS

### ROOTEDNESS :

the body as the ground that supports development and enables connection.

**Central question :** How does the psychomotor therapist support the foundations of human development through safety, regulation and connection, while respecting the rhythms specific to each individual?

**Keywords :** First 1,000 days, education/prevention, safety, tonic-emotional regulation, rhythm, shared temporality, symbolisation, parental support, early intervention, bodily rooting, presence, slowness, breathing

### UPROOTING :

the body as a place of resonance between the beneficiary who tells their story and the psychomotor therapist who echoes it.

**Central question :** How does the psychomotor therapist accompany experiences of rupture, exile and trauma, helping the body recover an internal rhythm and a sense of unity?

**Keywords :** rupture, exile, migration, loss of bearings, violence, trauma, bodily and symbolic reconstruction, cultural diversity, identity, belonging, inner rhythm, temporality of care, restoration, connection

### TO RISE:

the body as a place of resonance between the beneficiary who tells their story and the psychomotor therapist who echoes it.

**Central question :** How does the psychomotor therapist support processes of affirmation and (re)construction of identity, fostering presence to oneself in an accelerated and disembodied world?

**Keywords:** singularity, identity, gender, plural identities, disembodiment, virtuality, embodiment, relationship to the body, psychomotor training, professional stance, humanity, pace of the world, present moment, balance, connection

# SUBMISSION GUIDELINES

Proposals must be submitted as a Word document (Times New Roman, font size 12, single spacing) to the Mons Organising Committee (OC) before

**15 January 2026** at the following address: ja.belgique.2026@gmail.com

Each proposal must include:

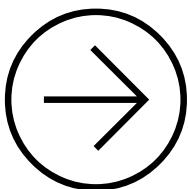
- **Title and subtitle of the presentation.**
- **Presenter's profile** (maximum 10 lines): degrees, qualifications and/or professional background, as well as any previous publications or public presentations..
- **3 to 5 keywords.**
- **Summary of the presentation** (maximum 10 lines).
- **Link with at least one of the thematic axes and/or with the congress theme** (2-3 sentences).
- **Type of contribution** (plenary session, symposium, practical workshop, poster).
- **Type of presentation material used:** PowerPoint, video, photo...
- **Draft bibliography** (between 2 and a maximum of 5 references).
- **Besoins spécifiques** for workshops, if applicable.



**Duration of contributions:** 40 minutes maximum for lectures, and 1 hour 20 minutes for body-based and/or practical workshops.

**Evaluation:** Proposals will be reviewed anonymously by the Scientific Committee (SC), which will pay particular attention to relevance, originality and up-to-date theoretical grounding.

This call is not only addressed to psychomotor therapists, but also to any professional concerned with the issues raised by A World in Body. The Annual Conference Committee (ACC) and the Organising Committee (OC) thank you in advance for your contribution. Each proposal will be read and reviewed, and a response will be provided around March 2026. Following the Scientific Committee's (SC) evaluation, your contribution, if selected, will be scheduled as a lecture, symposium, workshop or scientific poster. In all cases, we will be delighted to welcome you, either in person or online, to share these 52nd Annual Psychomotor Therapy Days with us.



## Calendrier

- **Submission deadline:** february, 1<sup>er</sup> 2026
- **By email:** ja.belgique.2026@gmail.com
- **Notification of acceptance:** March 2026
- **Conference:** 19–20–21 November 2026



## Committees

**Organising Committee :** Blanchart Natacha, Burcklé Alice, Caspary Carole, Ferrufino Valeria, Glibert Florence, Gomard Léna, Legrain Inès, Maiorana Massimo, Nasschaert Benjamin, Piccin Anne, Snaeuwaert Severine

**Scientific Committee:** Castro Elisabeth, Green Claudie, Joly Fabien, Lievens Laurent, Palgen Sandrina, Potel Catherine, Taymans Anne, Van den Bril Anne

**Comité des Journées Annuelles :** Bronny Florence, Caillou Michèle, Dahan Jacob